

# A Holistic Approach to Vision Care: Behavioral Optometry and Vision Therapy

A One-Hour Workshop  
Sunday, February 12th, 10-11 AM,  
2012 Kauai Wellness Expo  
Lihue, Hawaii

**Cost \$20**

Conventional eye care focuses on physical symptoms and treats the eyes as separate from the body. In this workshop, you will learn the evolutionary process of how the eyes are intimately connected to our brain and our body. You will come to understand that movement, attitudes, beliefs, and energy field patterns control how we see and react to life. You will explore a process called vision therapy- a holistic approach to healing vision, expanding perception, and improving wellness. We will go beyond a mechanistic set of eye exercises and draw on a set of daily practices that are designed to improve mind-body integration.

## Topics:

- Discover how primordial movement and sound patterns can improve learning, attention, and vision.
- Balance one's vision by using therapeutic lenses, prisms and an eye patch.
- Experience light/color therapy to improve peripheral vision and body energy patterns.
- Learn about Electrophotonic Imaging, a science-based Russian camera and software system that measures the photon emissions from fingertips to reveal the energy fields surrounding the body.

## About Dr. Berne:

*Dr. Sam Berne is board certified in Behavioral Optometry, is a Certified Craniosacral Therapist and is a Fellow in Syntonics Light Therapy. He has written three books and produced a DVD on holistic health, autism and vision therapy. He has been a consultant at numerous hospitals and rehabilitation centers working with traumatic brain injury patients. Dr. Berne earned The Special Awards for Service from the Behavioral Optometrists in Mexico for providing many of his innovative holistic ideas to help children with developmental learning disorders. He is licensed to practice optometry in Hawaii. Visit [www.drsemblerne.com](http://www.drsemblerne.com).*

## Other discussions may include:

- Learning and Reading Problems in Children—A.D.D. to Autism Spectrum Disorders
- Holistic Methods for Improving Eye Disease
- Vision Therapy to help improve Myopia, Hyperopia, Astigmatism, and Presbyopia
- Hard To Solve Vision Problems
- The Connection between Chinese Medicine, our Eyes, Emotions

Sam Berne will lead us in a Vision Circle to help us discover the New Medicine of Vision that will give us insight to improve our eyesight.

**(Private sessions with Dr. Berne are available in Kauai, February 9-16th. Contact him at [sberneod@cybermesa.com](mailto:sberneod@cybermesa.com) to schedule.)**

