

Mysticism and The New Science: A Sacred Marriage

Where: Findhorn Foundation located in Northeast Scotland on the Moray Firth Coast (www.findhorn.org)

Dates of the Retreat: August 4-11, 2012

Leader: Dr. Sam Berne (www.DrSamBerne.com)

On this retreat, I will ask the question: "What is the equation that combines *new Science* with *Mysticism*?" In order to enter this world, we will investigate the following: Explore the Love-Fear Model in Science and Medicine. Explain a paradigm that supports wholeness and the integrity of our body and health as an interrelated, connected system. Discuss our planetary process that individual health is connected to the global health of the Earth. Understand the rift between masculine and feminine, the right and left brain and the conflict between many polarities in our world. Commune with spirit and let it work through the heart. Experience a deep connection with the animals, plants, trees and mother ocean as the healing wisdom of mother Earth. Open into the hologram of the third eye and expand our spiritual vision.

After these initial discussions, we will build community with our circle and require that each person commit to being present with each other in an unconditional loving way.

I will introduce Electrophotonic Imaging, a Russian digital Kirlian Camera technique. Each person will receive an initial reading of their energy fields and chakras (called biofield analysis)—I will analyze each person's field in front of the group and discuss and explain the actual physical, emotional, psychological, and spiritual energy patterns for each person.

We then will enter a process called **The Berne Method™**. This method will help us develop our coherence by combining both ancient scientific and mystical practices. We will dissolve the perceptual filters that culture, family, and conditioning instill in each of us. The new paradigm of wellness will emerge that is both personally sustainable and simple.

Near the end of the retreat, each person will receive a second energy reading—I will analyze each person's field (before and after) in front of the group and make recommendations on each person's measurements.

We will dream a new dream both for ourselves and the planet. We will come together in a closing circle and speak about what we received from the retreat and what are we going to do with this new found direction and awareness.

About Findhorn:

The Findhorn Foundation is a spiritual community, ecovillage and an international centre for holistic education, helping to unfold a new human consciousness and create a positive and sustainable future.



About Dr. Berne:

Sam Berne is a pioneer in vision science, integrative health, and subtle energy therapies has been a leader in the field of Behavioral/Neurodevelopmental Optometry and Vision Therapy for over twenty-five years. Dr. Berne is an internationally-known author, researcher, facilitator, and teacher who uses a multidisciplinary approach applying a diverse variety of disciplines some of which include vision therapy, biofield analysis, quantum physics, psychology, medicinal essential oils, craniosacral therapy, dolphin-assisted therapy, and photo (light) therapy with respect to expanding human potential.

Dr. Berne teaches workshops and retreats in the Bahamas, Hawaii, the mainland U.S., Mexico, Scotland, Denmark, Austria, and Russia. He is on the faculty at The Esalen Institute in Big Sur, CA, and the Findhorn Foundation Ecovillage in Scotland where he leads retreats on consciousness studies, applied spirituality, and subtle realms.

